

TRIGGERS TEMPLATE*

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Trigger	Please comment as applicable
Reasons for the change	
<p>What change is being proposed?</p>	<p>In 2010 / 2011, South London and Maudsley NHS Foundation Trust (SLaM) plans to make the following changes to mental health services:</p> <p>Integrating assertive outreach within our community mental health services into the support and recovery teams. Assertive outreach involves seeing someone with serious mental illness more often than usual. This might be because they tend to go into hospital, get better, but then quickly become worse again after being discharged. We will continue to provide assertive outreach to those who need it, but will no longer have a stand alone team which only does this.</p> <p>We plan to introduce two new Assessment and Liaison Teams. These teams – comprising psychiatrists, nurses, occupational therapists and social workers – would provide hands on support to GPs within the Borough. This might involve advising GPs on how to support a patient with ongoing mental health problems or conducting a regular mental health clinic within the practice. The aim of this new service is to provide GPs with flexible, accessible and specialist mental health support according to the needs of the practice. The details of how this would work in practice will need further work within SLAM and with GPs themselves.</p> <p>We have already introduced a new Staying Well team, comprised of occupational therapists and other</p>

	<p>therapy staff, to provide people with ongoing practical support and advice for the six months after they have been discharged from one of our Community Mental Health Teams (CMHTs). The aim is to ensure that people continue to receive the level of support that they need to maintain their mental health and well-being so that, after six months, any continuing health needs can be met by their local GP.</p> <p>It is anticipated that the current whole-system review and redesign of psychological therapies, primary care and third sector counselling in the borough, commissioned by the PCT and funded by Guys and St Thomas' Charity, will impact upon Southwark Psychological Therapies Service (IAPT). The final report of this work will be delivered to the steering group on 1st October 2010. Any organisational change would then be implemented in 2011-12 led by GP commissioning leads. It is anticipated that there is significant potential for economies overall through streamlining, reducing duplication, improving inter-agency working and accountabilities.</p> <p>The reduction of the community estate.</p>
<p>Why is this being proposed?</p>	<p>NHS Southwark has advised SLaM of their commissioning intentions to reduce their contract by £3.7m over the next two years and have requested that we restructure our services such that:</p> <ul style="list-style-type: none"> • Clinical evidence and national best-practice is adopted to develop and implement revised clinical care pathways • The philosophy of evidenced based outcomes is embedded into the local treatment system • The time that people stay within both 'community' and inpatient treatment is reduced • Treatment is provided as episodes of care that support GPs and other primary care services and that we move away from providing on-going, open ended support to individuals • Individuals are encouraged take a more active role in managing their own care
<p>What stage is the proposal at and what is the planned timescale for the change(s)?</p>	<p>Consultation with services users, carers and staff was undertaken by SLaM in 2009. Further discussions have been held over the last year. Please see attached timetable of meetings and events.</p>

<p>Are you planning to consult on this?</p>	<p>Consultation with service users, carers and staff is being led by SLaM . Please see attached timetable of meetings and events.</p> <p>As indicated in its report to the Southwark PCT Board on 16th July 2010, the local strategic direction of the changes matches those of national mental health and substance misuse strategies. There has been considerable consultation and engagement about such changes to healthcare across London. The direction of the changes has also been the subject of wide consultation both by SLaM and Southwark Health and Social Care (SHSC). SHSC are planning further stakeholder/user/carer events to ensure there is ongoing dialogue to shape future services. As a consequence, SHSC do not intend to undertake further formal consultation on the proposals. It will remain closely involved with the consultation being undertaken by SLaM and respond to its outcomes. It will also work within the Secretary of State for Health's recently announced framework for strengthening health service reconfiguration, particularly, to ensure that:</p> <ul style="list-style-type: none"> • engagement and discussion of the planned changes takes place within public and patient engagement systems and with the local authority; • the planned changes are supported by GP commissioners; • any changes are underpinned by clinical evidence; • the changes support patient choice
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Are changes proposed to the accessibility to services?	Briefly describe:
Changes in opening times for a service	No
Withdrawal of in-patient, out-patient, day patient or diagnostic facilities for one or more speciality from the same location	No
Relocating an existing service	We are merging a number of community mental health teams in the borough. Some service users will need to travel to a different site to receive services. It is the intention of moving out of 27 Camberwell Road into existing sites in 88 Camberwell Road, St Giles Road, 22 Lordship Lane and Ann Moss Way.
Changing methods of accessing a service such as the appointment system etc.	No
Impact on health inequalities - reduced or improved access to all sections of the community e.g. older people; people with learning difficulties/physical and sensory	27 Camberwell Road is the least fit for purpose accommodation we have in the community and as our contract with the PCT has been reduced we plan to

disabilities/mental health needs; black and ethnic minority communities; lone parents.	vacate this building as it is no longer needed
What patients will be affected?	Briefly describe:
Changes that affect a local or the whole population, or a particular area in the borough.	None
Changes that affect a group of patients accessing a specialised service	Service users will receive the service they have been assessed as needing in line with the Care Programme Approach and Fair Access to Care.
Changes that affect particular communities or groups	None
Are changes proposed to the methods of service delivery?	Briefly describe:
Moving a service into a community setting rather than being hospital based or vice versa	No
Delivering care using new technology	No
Reorganising services at a strategic level	As part of King's Health Partners Academic Health Sciences Centre (AHSC) we are in the process of introducing changes to our clinical services management structures. This involves establishing Clinical Academic Groups, to align clinical services, research and education much more closely for the benefit of patients.
What impact is foreseeable on the wider community?	Briefly describe:
Impact on other services (e.g. children's / adult social care)	The changes to service provision described here are due to the shortfall in health funding in the borough and as such we are part of the much bigger challenge of delivering services to those who need it in a time of financial downturn. That said, we will continue to ensure that anyone who needs care and treatment for a serious mental illness will continue to receive it.

* Revised by Lambeth and Southwark scrutiny officers from the West Sussex Health Overview and Scrutiny original.